

# Stay Connected



## WEEKLY UPDATE EMAILS

If you're not already subscribed, email Erin Murray to get on our list

## TEXT REMINDS

To sign up to receive text updates, send the following text message to the phone number "81010":

- Middle School youth, text the message: @6th-8thSL
- High School youth, text the message: @9th-12thSL
- parent of a Middle School youth, text the message: @mparentSL
- parent of a High School youth, text the message: @hparentSL

OR - go to [remind.com/join](https://remind.com/join) and enter class code and email

To remove yourself from a class reply @leave @the code above (example: @leave @mparentSL)

**FOLLOW US ON INSTAGRAM** @SLPRESYouth