

Montreat 2019

425 Kentucky Road

Montreat, NC 28757

Travel Overview

On Sunday, July 21 we will meet in the Manhasset parking lot at St. Luke's at 9:30am we will leave promptly at 10:00am. We will travel about 4 hours to Montreat with a stop for gas and food along the way. Please call Phil Brown if you are running late (970) 215-9041.

On Saturday, July 27 we will return around lunchtime depending on how long it takes us to get cleaned up.

Week Overview

Montreat is a conference center in the mountains of North Carolina. It is warm during the day and cool at night. We will join almost 1000 other high schoolers and their adults for a week of creative worship, fun recreation, small group time, and eating together as a family. We will be walking a lot during the week. For more information please go to www.montreat.org.

Who we are?

We are a group of 33 people. We will travel in mini vans.

Emergencies:

If you need to reach someone in the group, the fastest way is to call Phil Brown (970) 215-9041. He will be able to get to the right people.

Conference Attire

Shorts, t-shirts, and sandals are fine though you will be walking a lot. Some of the activities have the potential to get your clothes dirty. Bring some things that you don't mind getting stained. There will be one night where we will kind of dress up for worship. No strapless dresses. No offensive and inappropriate sayings, products, or words can be displayed. See attached for more details.

Meals

During the week we will eat together at the house. This brings us closer as a group and gives us a chance to check in. If you want to invite a new friend to come eat please do, but let us know and Phil will need to talk to their group leader directly to make sure we are all on the same page. If you want to go somewhere else for a meal the deal is the same. We will all help with clean up and preparation during the week.

Hanging out

The house is our home away from home. If you have a large group of people other than us, please plan on hanging out during free time in common places around Montreat. We will have too many people in one house to add a lot of extras. One or two people for meals or sitting on the porch is great.

Electronics

You may bring your electronics and use them for the car ride. We encourage you to leave them in your cabin during the day. If it becomes a distraction for you to be able to engage with the group fully we will have a conversation and figure out what the best course of action is.

Text Reminds

Throughout the week we will periodically send updates via Remind.com. It is also how we will keep you updated on our progress on the way home. To sign up for this year's Montreat "class" please text the message @mtreat2k19 to the number 81010.

Packing List

Small backpack
Small fans for you bunk
Casual clothes for 7 days
Tartan Trot shirt (if you don't have one we will have a few extra.)
Pillow
Bath towel (x2)
Toiletries
Shower sandals
Rain coat
Sweatshirt for a cool evening
Sunscreen (sweat resistant)
Bug repellent
Flashlight
Bible, Pen/Pencil, Journal
Watch
Closed-toe shoes
Water bottle
Medications*
Spending money, \$50-\$75 is plenty
Money for the offering
Plastic bag for wet/dirty clothes.
Games to play at house.
Bedding (twin for girls house, guys need queen and/or double and/or twin)
Camp chair for the house!!!!

Medications:

If you are on medications that you need to take daily please work out a plan with Phil ahead of time to make sure we all are on the same pages. Parents if you are comfortable with your youth regulating their medications that's fine, or Phil is happy to administer what's needed, or check in when needed.

If you are on ADD/ADHD medicine, this is not an "off" week. For your safety and enjoyment of the week it will be best for you to treat this like a week during the school year.

If you have an Epi-Pen, please bring it and carry it with you at all times.